



80th Anniversary Year

# TRAIL WALKER

NEW YORK-NEW JERSEY TRAIL CONFERENCE...MAINTAINING OVER 1300 MILES OF FOOT TRAILS

MAY/JUNE 2000

## Our Work in New Jersey

The Trail Conference's *New Jersey Trails and Greenway Action Plan* took a leap forward last fall when the Conference hired its first staff member in the state, New Jersey Field Representative Larry Wheelock. This new initiative was jump-started by a \$10,000 challenge grant from John and Marianne Gunzler, with a commitment for \$15,000 for each of the following two years, and matched by a \$30,000 grant from the Marie Baier Foundation.

The goals of our *Action Plan* are to invigorate the volunteer corps; to encourage more appropriate and adequate park stewardship of existing trail lands; and to help shape a protected landscape in the New Jersey Highlands. Through the efforts of our Trail Lands Consultant John Myers, we have already accelerated our protection efforts, as reported in the last *Trail Walker*. Although Anne Lutkenhouse, Conference Projects Director, worked for many years building solid relationships with government and non-governmental agencies in New Jersey, it became apparent that a more visible and physical presence was needed. A resident of New Jersey could be a more consistent resource to Conference volunteers and programs and also form more partnerships with other environmental organizations throughout the state.

Since being hired last fall, Larry has focused on three priorities from the multitude initially outlined for his work: coordinating the Conference's responses to the seemingly endless proposals for cell phone tower construction; developing additional trail and leadership volunteers; and anchoring our management planning for the Fanny Highlands trail system.



Ramapo Lake in Ramapo Mountain State Forest is located in just one of the areas that will benefit from our expanded efforts in northern New Jersey.

To date, Larry has concentrated on the northwestern section of the state—the Kittatinny Ridge, from the Delaware Water Gap through Stokes and Worthington State Forests and to High Point State Park. Gradually he will expand his work to include all of northern New Jersey.

Coordinating the Trail Conference's responses to proposals for cell phone and/or utility towers construction along the

ridges of the New Jersey Highlands feels like a full-time job in itself. As the demand for technology services throughout society increases, tremendous pressures threaten hiking trails and public lands. Larry is working with trail supervisors in local communities to help inform and educate decision-makers about the effects of cell phone towers on the views. Larry points out, "We need more local volunteers to learn the regulatory process

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### Trail Conference/ Adirondack Mountain Club advocacy partnership achieves Long Path acquisition funds and lands

The Trail Conference and Adirondack Mountain Club's advocacy partnership, formed in 1997 to lobby on behalf of state parks, open space, and hiking trail lands in New York State, really "brought home the bacon" with this year's State budget—securing funds for Long Path corridor land preservation in Ulster and Greene Counties.

Governor Pataki announced that \$90,500 is being dedicated to the acquisition of the first parcel on the Huntersfield Ridge-Ginseng Ridge Long Path corridor in Greene County. The State has also agreed to acquire nearly 5,000 acres to add to the Catskill Forest Preserve, land which permanently preserves the Long Path's corridor near the Vernooy Kill as well as more than six miles of that quality, cold-water trout stream itself. The TC-ADK advocacy partnership lobbied hard for the inclusion of the Long Path as a priority in the current state budget,

continued on page 10

## Long term activism is needed to fight NJ off-road motorcycling threat

Thank you to members for your excellent response to our recent *Action Alert* about proposed legislation that would require 30 miles of off-road motorcycling trails to be set aside in a northern New Jersey state park or forest (Senate bill S529).

At press time, this proposed bill had not been scheduled for consideration by the Senate's Environmental and Natural Resources Committee. That's good news, at least for now. However, despite your letters and calls to legislators, this proposal could be scheduled at anytime for a committee hearing and vote; it could also be re-introduced in the As-

sembly.

Here is the reality about the off-road-motorized-access-to-trails issue:

Off-road motorcycling supporters are being tenacious in their efforts to gain access. For example, just prior to press time, motorcycle supporters convinced the New Jersey Fish and Game Council to have the Department of Environmental Protection study the feasibility of holding an off-road motorcycling Enduro race in a State *Wildlife Management Area*! First the off-road motorcyclists want access to state park trails, now they want access to lands set aside for habitat protection!!

Motorized users are lobbying hard across the nation, on both federal and state governments, to gain off-road (trail) access on public lands with their vehicles.

This threat is here to stay! We must mount an equally tenacious defense against the permitting of vehicles onto public trail lands. It's going to take a concerted, long-term effort to keep motorized access off these trails. Each of us must become an activist and keep the pressure on legislators, elected officials, and others to say "No!" to turning over trails to off-road motorcycles and other motorized vehicles. This is our challenge with the quality of our outdoors experience as the grand prize in this contest.

You'll be hearing more from us. When the Trail Conference puts out the call to YOU for action, BE that activ-

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## TRAIL WALKER

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### NEW YORK - NEW JERSEY TRAIL CONFERENCE

#### Mission Statement

The New York-New Jersey Trail Conference, founded in 1920, is a federation of member clubs and individuals dedicated to providing recreational hiking opportunities in the region, and representing the interests and concerns of the hiking community. The Conference is a volunteer-directed public service organization committed to:

- Developing, building, and maintaining hiking trails.
- Protecting hiking trail lands through support and advocacy.
- Educating the public in the responsible use of trails and the natural environment.

#### Board of Directors

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The New York-New Jersey Trail Conference is a volunteer, non-profit 501(c)(3) organization. It is a federation of 88 hiking and outdoor groups, and 10,000 individuals.

## from the president's notepad...

# The Census and the Trail Conference

I sit down to write this note on April 1st — April Fool's Day by some traditions, but also . . . Census Day. By now you all should have completed your census forms. (If not, they will find you!) And by now you have heard the reasons why the census must be taken every decade—something about political representation and economic opportunity. But I suspect we really take these counts because we have an insatiable thirst for knowledge.

Why am I talking about this? For two reasons. First, we have learned from our strategic planning process that, as a membership organization, we will benefit from expanding our demographic base. And second, we are planning a survey of our members this Fall. (More about that at another time.)

We will be pursuing ways to increase awareness of the Trail Conference and its mission among young people, young families, people with disabilities, and a broader range of cultural groups. Our goal is to help them enjoy hiking trails and convince them to help us protect them.

Many of our devoted volunteers—thank you one and all!—are found among retirees. At the other end of the spectrum, we have lots of families with young children. We need to explore ways to make it easier for them to take part in Trail Conference activities.

We will continue to encourage young people to get involved in trail work. As our letterhead shows, several of our member clubs are Girl and Boy Scout troops and schools with special programs—some from inner city neighborhoods—all of them promoting outdoor recreation and community service. We look to such clubs to plant the seeds for tomorrow's conservationists and trail activists.

Another cohort of young people has been introduced to the Trail Conference through their parents. Some of these have taken very active roles when young and as they have matured, have grown to treasure these roots. In this *Trail Walker* we begin a series of articles by these young people. The inaugural piece is by Ellen Daniels, the first recipient of our Next Generation Award and daughter of Vice President Jane Daniels and volunteer jack-of-all-trades Walt Daniels.

Luckily, not all members of the younger generation have been seduced by extreme sports and off-road vehicles on hiking trails to get their thrills. Some love science, some love technology, and most important, many love to be immersed in nature. There is a place for them all in the Trail Conference as we begin to pursue trail-related biodiversity studies and digital mapping.

In addition to age, the census quantifies another very important aspect of the

Trail Conference's domain: the cultural shifts that are not yet well reflected in our membership. Increasingly our neighbors and co-workers mirror the ethnic diversity that has long been a hallmark of American society. If the work we have done is to survive long into the future, we must be better able to educate all members of the public so they can become involved in protecting our hiking resources now.

Trail users need information, but we are not reaching new immigrant groups with poor mastery of English whose children may well be the protectors of our future! We teach by words and by example. Two years ago we instituted an outreach program in Harriman State Park. Last year, nature did not cooperate and the trails were closed most of the summer due to fire danger. But we are set to go again this year. And soon we will begin translating some of our brochures into the diverse languages of our fellow hikers.

So you see the census is important to the Trail Conference. We must be responsive to the needs of an ever-changing public, and be on the lookout for those who will help us preserve the backwoods and ridgetops where the trails we all love to hike are found. You can count on it.

— Gary Haugland

## L · E · T · T · E · R · S

### Next Generation Challenge Support

Congratulations on the feature "The Next Generation Challenge, Green Bond the Children in Your Life" (March-April 2000 *Trail Walker*).

I am delighted that the Conference is looking at the successors to our future. Teaching our children will ensure a more environmentally-conscious generation.

Meyer Kukle  
Dumont, NJ

### Frank Oliver Memorial Sought

Our letter describing efforts in the NJ legislature to rename the Cannonball Trail pedestrian bridge over I-287 in memory of Frank Oliver appeared in the last issue of the *Trail Walker*.

We want to make sure that the legislative committee in charge of Assembly Resolution 33 will place it on its hearing schedule for May. So, even if you wrote before, but especially if you didn't, please contact the committee chair John Gibson

NOW, by:  
- Letter: clip the coupon below, sign it, and send.  
- Telephone: 609-624-1222.

- E-mail: [asmgibson@njleg.state.nj.us](mailto:asmgibson@njleg.state.nj.us)

Thank you!

Jack Driller, Ridgewood, NJ  
Mary Sive, Montclair, NJ

Hon. John C. Gibson, Chairman  
Assembly Agriculture and Natural Resources Committee  
14 Route 50, Suite A  
Seaville, NJ 08230

Dear Assemblyman Gibson:

I understand that your committee is planning to hold hearings in May and strongly urge you to include Assembly Joint Resolution 33 on that hearing schedule. This Resolution honors the memory of Frank Oliver, who rediscovered and marked the historic Cannonball Trail through the Ramapos and laid out other trails in Ramapo State Forest.

As a member of the NY-NJ Trail Conference, which represents hikers and volunteer trail maintainers in 85 member organizations, I consider it important that Mr. Oliver's contributions to the state park system be recognized. This bill would do so.

Respectfully,

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Telephone (\_\_\_\_) \_\_\_\_\_

This begins a series featuring a member of the "next generation" of hikers—young adults who are carrying forward the legacy of maintaining and protecting our trail heritage.

## ELLEN DANIELS

Although I jokingly refer to it as the "Salami Award," my Next Generation Award proudly hangs above my dresser at my parents' house. I call it the "salami" because it always makes me think back to a cool spring



morning twelve years ago, when I scurried around Camp Thendara in Harriman State Park, carefully laying out cold cuts in geometric designs for the Trail Maintenance Workshop. Grocery bags overflowing with a variety of bread, chips, and cookies still left me wondering if, in spite of my careful calculations, the hikers would leave hungry. As lunch time drew near, a few adults offered to help, and were sent off ferrying trays of cookies and bowls of chips to the buffet. But in preparing that lunch, I learned more than that hikers love oatmeal cookies and dislike salami.

The opportunity to prepare lunch for 75 hikers was a rare but welcome one for a eager thirteen-year-old. In the tenuous balance between child and adult, I was more familiar with being reminded to set the table than asking adults to neatly lay out plasticware. A life-long member of the Trail Conference, I was familiar with the volunteer role of "The Daughter" or "The Kid": flagging new trails or stuffing envelopes. This time, however, I was The Person Organizing Lunch. Preparing the lunch brought me a sense of accomplishment, but more importantly, for one brief morning, I was an adult.

My stint as an adult, however, was short. A year later, I decided to quit hiking. Ready to leave childish hiking games, but not yet ready to appreciate the serenity of a night in the woods, I wanted to be fourteen. This pursuit involved neither my parents nor mud. But the rebellion was short-lived and I soon found myself as a camp counselor leading day hikes. Much to my surprise, I gleefully taught my charges the songs and games I'd so

recently scorned as we tromped down the trails of Vermont.

As I returned to outdoor pursuits, I found the hiking community welcoming me back. In my college outing club, I organized trips with abandon, never forgetting my earlier lessons regarding lunch: remember the mustard and skip the salami. In my reincarnation as an adult, I already knew about the behind the scenes work required to keep trails open and the learning experiences volunteering provides. When I see a beautiful bridge on the trail, I can look down and understand how happy the crew must have been to find that perfectly shaped center stone.

Growing up with the Trail Conference I've had the opportunity to help out with everything from alphabetizing to designing brochure maps. But throughout, one message remained clear: No matter where you are in life, you have something to give and something to learn.

*Editor's Note: Ellen Daniels is a Trail Conference "brat"—daughter of career Trail Conference volunteers/activists Jane and Walt Daniels. Born into the Trail Conference family, in 1988 she was awarded the organization's Next Generation Award. She currently lives in Boston where she works for an energy consulting firm.*

### Call for Nominations for Recognition Awards, Board of Directors, and Delegates-at-Large

Each October at the New York - New Jersey Trail Conference's annual meeting, elections are held for 5 members of the board of directors and 15 delegates-at-large, and awards are presented to members and friends as one more way of recognizing outstanding people in the hiking community.

The annual Recognition Awards are:  
**William Hoeflerlin Award:** recognizes Trail Conference volunteers who have demonstrated exemplary service to trail maintenance, management and/or trail land protection.

**Next Generation Award:** given to those under age 21 who are making significant contributions of time and energy to trail building and/or protection.

**Major Welch Trail Partner Award:** presented to those outside the Trail Conference—for example, state, federal or local agency partner officials—who have given long and/or significant assistance

## Hiking Club Delegates to meet June 22

All Trail Conference members are invited to attend the next meeting of the hiking club delegates on Thursday, June 22, at the Fort Lee Historic Park, in Fort Lee, NJ. The meeting starts at 7 p.m. Please join us for a social hour, beginning at 6 p.m., for a chance to share refreshments and chat with hiking club representatives.

Dr. Joan Ehrenfeld, Professor of Ecology at Rutgers University, will speak on "Exotic Species; Ecological Issues for Hikers." Dr. Ehrenfeld has published extensively, and wrote the article, "Help Sought Locating Species Threat to Our Forests," published in the *Trail Walker* in 1995.

Although each member club or organization of the Trail Conference designates a delegate to act as liaison to the Conference, individual members are always welcome at delegates' meetings, which are held in New York City or at Fort Lee Historic Park on the New Jersey Palisades, and provide a wonderful opportunity to share hiking and conser-

vation news, discuss issues, and help guide the Trail Conference's future work and activities.

**Getting there:** Fort Lee Historic Park is immediately south of the George Washington Bridge on the east side of Hudson Terrace, on the New Jersey Palisades. Frequent bus service from the GWB terminal in Manhattan is available, or take the lovely (and free) one-mile walk across the bridge. Ample (free) parking is available. From the Palisades Interstate Parkway, get off at the last exit before the bridge toll (right fork after the gas station—and be sure to exit). Follow Hudson Terrace south under the bridge and take the first left into the park. From New York City, take the upper level of the GWB and use the second exit, "Ft. Lee." Make a sharp right and another right onto Hudson Terrace. Proceed under the bridge to the park entrance on the left. From the New Jersey Turnpike, take the Fort Lee exit, and continue straight on the service road, paralleling the bridge toll plaza, until the service road ends at Hudson Terrace. Turn right onto Hudson Terrace, and then make the first, almost immediate, left turn into the park.

### Secretary Receptionist Wanted



Phones, word processing (70 wpm)  
 Great writing skills, attention to detail  
 5 days, afternoons  
 Please mail or FAX resume to:  
 New York-New Jersey Trail Conference  
 232 Madison Avenue, NY, NY 10016  
 212-779-8102

to the local hiking community.

**Corporate Partner Award:** presented to a company that has furthered the hiking trail experience and/or protection effort.

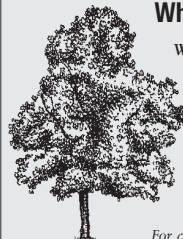
**Raymond H. Torrey Award:** The Conference's most prestigious award, given for significant and lasting contributions that protect our hiking trails or the land upon which they rest.

**Leo Rothschild Conservation Award:** presented to a person or organization that has made a significant contribution to the protection of our trails and/or the natural lands that surround them.

The Nominating Committee will present a slate of candidates for the board of directors and delegates-at-large for the October 2000-01 year. Current Trail Conference directors are listed in the masthead of the *Trail Walker* (see page 2).

Conference members are welcome to submit nominations (with supporting background information). If you would like to nominate someone for an award, the board of directors, or a delegate-at-large, send your suggestions to the Nominating Committee, NY-NJ Trail Conference, 232 Madison Ave., Room 802, New York, NY, 10016, or call 212-685-9699. The deadline is July 1, 2000.

### Where there's a Will, there's a Trail



When we build them, you hike them. We've been building and protecting trails for 80 years for at least four generations of hikers since 1920. That's 1,300 miles in New York and New Jersey to date. Help us keep building for the next generation by naming the New York-New Jersey Trail Conference in your will. A bequest makes a wonderful gift, and it lasts beyond one lifetime.

For confidential information and legal language, contact Jan Hesbon at 212-685-9654, or by email: info@nynjtc.org.



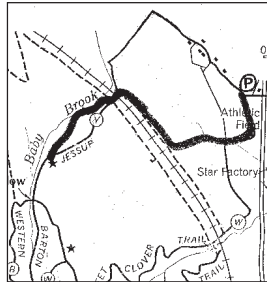
# TRAIL NEWS

## Schunemunk Mountain-Jessup Trail re-located

From Taylor Road parking area, the Jessup Trail crosses road (south) to Shaw Road, also the route for the Sweet Clover and the Highland trails. It follows this paved road past a barn and garage paralleling the New York State Thruway before curving west and passing a caretaker's cottage where the paving ends (1/4 mi.).

Proceeding now on a dirt road, the two other trails turn south and leave at a second road gate while the Jessup continues west over a culvert, skirting around the northern end of a plowed field, to enter a wooded area and climb to a wood road paralleling the railroad tracks at 0.8 mile. It follows this road north until, just south of Baby Brook, it makes the left turn and crosses the tracks at 1.0 mile. Entering the woods, it makes an immediate right turn onto the Otterkill Trail (blazed with red diamonds). It leaves that trail at the brook (50 yards) heading west and remaining in view of the brook.

"It climbs steadily about 700 feet in the next 0.7 mile, reaching Taylor Hollow at 1.7 miles." (*New York Walk Book*, page 255)



The newly relocated Jessup Trail (bold line). See Trail Conference West Hudson Trail Map #8 top, center

## Whitney Wilderness Area is NY's newest

The William C. Whitney Wilderness Area, nearly 21,000 acres in the Adirondacks, is New York's 16<sup>th</sup>, and newest, state-classified Wilderness Area. It contains Little Tupper Lake, which was one of the largest privately owned lakes in the Northeast, and Lake Lila, a very popular canoe camping area.

## Trail closings, bridge wash-outs, and relocation in West Hudson Highlands

### HARRIMAN-BEAR MOUNTAIN STATE PARK

#### Ramapo-Dunderberg Trail partially closed

Due to the combined ravages of last year's drought, forest fire, and Tropical Storm Floyd, the eastern end of the Ramapo-Dunderberg Trail, from Jones Point to the spiral railroad, has been closed to hiking by the Palisades Interstate Park Commission (PIPC). (See Trail Conference Harriman-Bear Mountain Trails map #4, grid F/5.)

Seasonal environmental impact studies are required, and must be approved by the PIPC, before work can be started on a proposed re-route.

The new, temporary trailhead for the R-D on Route 9W is the Timp Torne trailhead, west side of Route 9W opposite Old Ayers Road to Jones Point. The R-D will temporarily be co-aligned with the Timp Torne Trail until the two trails separate east of the Timp.

#### Popolopen Gorge, Kakiat trails' bridges washed out

Tropical Storm Floyd also washed out the Popolopen Gorge bridge on the Timp-Torne Trail in northern Harriman. (See

Trail Conference Harriman-Bear Mountain Trails map #4, grid E/2.) While the trail itself is intact west of the Palisades Parkway, it is closed at each end of the former bridge site. The Trail Conference is exploring alternate routes across the Popolopen Creek, but since any proposed relocation will require environmental studies, probably nothing will be able to happen until year's end at the earliest.

Also washed out is the Kakiat Trail's first bridge off the Pine Meadow Trail crossing Stoney Brook (starting from Reeves Brook Visitors' Center; see Harriman-Bear Mountain Trails map #3, grid B/5). Refer to Trail Conference Harriman-Bear Mountain maps to plan alternate routes around these closures.

### STORM KING STATE PARK

At press time, Storm King State Park is still closed due to dangers from unexploded ammunition. However, the U.S. Army has agreed to clean up the artillery shells at the behest of Representative Sue Kelly (R-Katonah). In March, the Army gave Rep. Kelly an action plan, which included clearing this ammunition from hiking trails in the Park. Work was to begin within a few weeks after the March meeting. We'll keep you posted on when the trails are re-opening.



### PIPC signs acknowledge volunteer trail maintainers

Hikers will note these signs at various trailheads in Harriman-Bear Mountain and Minnewaska State Parks, acknowledging the efforts of Trail Conference volunteer trail maintainers. The Palisades Interstate Park Commission made these signs in-house as expressions of public recognition. On behalf of our trail workers, thank you Palisades Interstate Park Commission.

### ERRATA

Oops! The Washburn Trail relocation, listed in the "Trail News" section of the March-April issue, is actually on the Trail Conference's East Hudson Trail map #2, instead of map #3.

## New Life Members

The Trail Conference welcomes eight new life members to our growing "family" of 774: George M. Aronson, Eileen Berch and Barbara Drake, and David Hachey from New Jersey, and from New York, Janice L. Birnbaum, Jim P. Haggett, Harriet Lawrence, and Nancy Tollefson.

An individual life membership is \$400, and a joint life membership (two adults at the same address) is \$600. Next time you renew, we hope you'll consider becoming a "lifer." Your money goes directly into the Outdoor Fund for trail lands protection.

### Kudos to the Deal-Makers!

## Sterling Forest Revisited

We wish to extend our gratitude to the individuals in our sister organizations who made possible the latest acquisitions for Sterling Forest State Park. The parcels acquired from the Sterling Forest Corporation, from New York University, and from Mr. B. Sears Hunter were the result of a long negotiation by Carol Ash, Executive Director of PIPC; Rose Harvey, Senior Vice President of the Trust for Public Land; and Joe Martens, President of Open Space Institute. We are grateful to their dedication, leadership, and skill in making the deal. Thank you!

### The Rest of the Forest

The heart of the forest remains to be protected. Sterling Forest Corporation plans a 110-unit residential development with an 18-hole golf course on a large parcel east of Sterling Lake, which is right in the center of the Park. Also, there are another 2,000 acres owned by Tuxedo Reserve. We will work closely with Sterling Forest Partnership and the Taxpayers and Conservation Association of Tuxedo to review both of these proposals.

### Correction

The three parcels, comprising nearly 2,000 acres, are a tremendous addition to Sterling Forest State Park, which is the third largest park in the New York State system, not the largest, as previously reported in the *Trail Walker*.



Hidden gem in the Highlands. Olympic-size, stream-fed freshwater pool adjacent to the New Jersey Audubon Society and Herwin Green State Forest with 48 miles of hiking trails. For membership applications and information, CALL NOW: The Community Association of the Highlands Ann. Benedetto at (973) 835-0546 or Ruth Barone at (212) 545-1000



# TRAIL CREW SCHEDULES



## NEW JERSEY TRAIL CREW

**What & Where:** Tackle a variety of projects ranging from trail repair to bridge building in NJ's parks and forests. Bring lunch, work gloves and a beverage.

**When:** Sundays, May 14, June 11  
**Leaders:** Sandy Parr, 732-469-5109; Dick Warner, 201-327-4945

## WEST HUDSON TRAIL CREW

**Harriman-Bear Mountain Park #1**  
**What & Where:** Trail repair and erosion control on the Reeves Brook Trail.  
**When:** Saturdays, May 13, May 20  
**Leader:** Claudia Ganz, 212-633-1324

## Harriman-Bear Mountain Park #2

**What & Where:** Trail repair and erosion control on the Ramapo-Dunderberg Trail on Dunderberg Mountain.

**When:** Sunday, May 14; Thursday, May 18  
**Leader:** Bob Marshall, 914-737-4792

## Schunemunk Mountain #1

**What & Where:** BEGINNERS' SPECIAL, on the Sweet Clover Trail.  
**When:** Saturday and Sunday, June 17 and 18  
**Leader:** Monica Resor, 732-937-9098

## Schunemunk Mountain #2

**What & Where:** Continuing work on the Sweet Clover Trail.  
**When:** Thursday, June 22; Saturday and Sunday, June 24 and 25  
**Leader:** Bob Marshall, 914-737-4792

## WEST JERSEY

### Worthington State Forest in NJ's Kittatinny Mountains

**What & Where:** Major reconstruction (including rock work) on the Red Dot (Mt. Tammany) Trail.  
**When:** Saturdays, May 6 and June 3; Sundays, May 7 and 21  
**Leaders:** Monica Resor and Dave Day, 732-937-9098; (pinerock@idt.net)

## EAST HUDSON TRAIL CREW

**What & Where:** Waterbar and step build-

ing on the Breakneck Ridge Trail.  
**When:** Saturday, May 13  
**Leader:** Bernie Stringer, string2@ibm.net

## SAM'S POINT PRESERVE - SHAWANGUNKS

**What & Where:** Help with one-day stewardship projects.  
**Leader:** Please call trip leader Jeff Lougee at 914-647-7989 if you need more information and to let him know that you will be there.

All trips begin at 10:00 a.m. and end at 2:00 p.m. Meet at the Sam's Point Preserve parking lot in Cragmoor. Bring work gloves, enthusiasm, water, lunch and snacks.

**May 20.** "Tug-of-War" organized by Mike Medley to remove over one mile of electric cable—traveling over and around scenic cliff edges and ridgetop dwarf pine barrens—left behind from the former commercial Ice Caves Mountain owner. This cable must be removed before the area can be opened to the public.

**June 10.** Willing hands needed to construct a gate to control vehicular traffic along the High Point Carriageway. Only nails and black locust wood already harvested

from The Nature Conservancy's Albany Pine Bush Preserve will be used.

**July 8.** Hack out non-native "intruders" such as barberry and phragmites from the Shawangunk Ridge which are threatening the native flora. Bring loppers, pruning shears and other shared instruments.

## STERLING FOREST STATE PARK

**What & Where:** Trail construction on the Bob's Connection Trail.  
**When:** Dates to be announced. Register using coupon below with Sterling Forest Trail Supervisors Suzan Gordon and Pete Tilgner.

**Sign me up to help build Bob's Connection in Sterling Forest State Park.**

Name(s): \_\_\_\_\_  
 Address: \_\_\_\_\_  
 phone(day): \_\_\_\_\_ (eve.) \_\_\_\_\_  
 e-mail: \_\_\_\_\_

Return to: S. Gordon and P. Tilgner, 27 West Clinton Ave. Apt. 2-J, Tenafly, NJ 07670.

## More "Green Bonding" the children in your life

In keeping with the theme of this (and the previous) issue about the next generation of hikers/environmentalists, here are some more ideas for sharing the world of open spaces with the children in your life.

### Free, guided Hikes of the Month at STERLING FOREST STATE PARK Saturdays, May 20 and June 17

Would you like to visit a glacial landmark? If so, head off to Cedar Pond with the staff of the Park on May 20. This is a moderate to difficult hike, 2.5 miles long with a steep climb of about 400 feet. Then on June 17, hike to the Fire Tower, 4 miles with a steep climb of about 500 feet, rated difficult. On clear days, the view is spectacular: north to the Catskills and south to NYC.

There will be stops along the way to discuss the natural and historical features of the landscape.

The Hike of the Month is free, but registration is required. All participants should meet at the Sterling Forest State Park Information Center on Rt. 17, just south of Rt. 17A, in Tuxedo, at 11 a.m. To register and for information, call 914-351-5907.

Sterling Forest State Park also has a Family Nature Series, which usually includes hands-on activities and an easy hike.

### KITTATINNY VALLEY STATE PARK

**Kittatinny Valley State Park Loop Hike**  
**May 6, 9 am - 1:30 pm.** 7-8 miles, rough terrain, at a steady pace. Bring lunch and plenty of water.

**National Trails Day Open House - Saturday and Sunday, June 3 and 4**  
 Find out about the hiking and biking trails in this area. The Paulinskil Valley, and Sussex Branch, rail trails form the core of this state park. Nature tours and rail-trail hikes will take place.

All programs meet at the park office, 1 mile north of Route 206 on Limecrest Road, in Andover, NJ. Pre-registration is recommended, as space is limited. Programs subject to cancellation due to inclement weather. For more information, contact the park at 973-786-6445.

### MINNEWASKA STATE PARK PRESERVE

Minnewaska has a full schedule of free nature hikes. For details or to register, call 914-255-0752 or 914-255-2011.



## GET INVOLVED

### GPS volunteers sought to field check North Jersey maps

Volunteers are needed to help field check trails in northern New Jersey using the Trail Conference's Global Positioning System (GPS) unit. The assignments take place during weekdays. Those interested should contact NJ coordinator John Jurasek at jurasek@worldnet.att.net.

### Put Your Trail Knowledge to Work! Information Volunteers Sought

The Trail Conference needs volunteers who have knowledge of the trails and could field phone requests for trail information. Volunteers could work either in the Trail Conference office or their own homes. Contact Anne Grob at 212-685-9699.

### General Office Work Volunteers Needed


With or without experience, either on an "as needed" or "committed time" basis for the TC office. Please contact either Anne Grob or Judith Fulmer at 212-685-9699.

### Layout Design Volunteer Wanted

Design the placement of information for a series of interpretive kiosks (trailhead sign boards) for the Farny Highlands Trail System in northern Morris County, NJ.

- Experience with signage or display/exhibit design preferred
- Integrated look for 10 sign boards, approximately 4'x4'
- Spring/early summer time frame

Call 212-685-9699 to volunteer; ask for Anne.



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## HIKERS' BOOKSHOP

*The Meadowlands*, by Robert Sullivan. Scribner, 1998. Hardcover. \$23.00  
Reviewed by *Mary Jo Robertiello*

Jack Benny used to get a laugh by referring to the LaBrea Tar Pits. He could have used the term, New Jersey Meadowlands, and gotten the same result—until, that is, Robert Sullivan came to the rescue with his witty and thought provoking book *The Meadowlands*, which is full of information, both historical and ecological.

The Meadowlands comprises thirty-two square miles of swamp. Sullivan recounts how it has continued to exist in spite of its close proximity to a congested urban area. His personal adventures, interviews and anecdotes are supported by extensive research and he makes palat-

able a very sorry tale of pollution and the destruction of natural resources.

To cite but one of his examples: It is estimated that at one time cedars covered between a third and a half of the area, but because of overcutting, increased salinity of the water and frequent fires, only their stumps remain.

As well as tramping and canoeing in The Meadowlands, Sullivan interviewed various people involved in some way with the area. The different individuals range from environmentalists to local characters to those who are furtively proud of the territory's reputation as a dumping ground for New York City.

This is a wonderfully informative book which takes a detailed and absorbing look at the impact of industry on geography. 🌿

**LOST:** One individual in a remote paradise.  
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# Our Members

❖ A Happy Birthday to the New York Hiking Club, which celebrates its 78<sup>th</sup> anniversary this year.

❖ Congratulations to Bill Huber, of Chester, NJ, who recently completed requirements for membership in the New England 4000 Footer Club. No stranger to the high peaks region, Bill finished his climbs on Mt. Mansfield last fall.

❖ Member Jim Giambrone, who relocated from the metro NY area, was to make a second attempt at climbing Aconcagua in Argentina this past January. Jim says he uses the annual one-day Suffern-Bear Mountain Trail hike to help get in shape for the 23,000 footer. Even though he's been to more exotic spots, he reports that, "I sure do miss Harriman Park and can't wait to hike there again."



❖ A new catalog listing over 125 short courses on the natural and cultural history of Yellowstone National Park is available free from the Yellowstone Association for Natural Science, History, and

Education. Courses are offered from May 2000 through March 2001, and include topics such as wolves, kayaking, Yellowstone artists, and horsepacking. Complete information is available at [www.YellowstoneAssociation.org](http://www.YellowstoneAssociation.org), or write to the Association at PO Box 117, Yellowstone National Park, WY 82190.

❖ The John Burroughs Association adds several books each year to a cumulative list of nature books for young readers.

You can request a copy of this listing by contacting the secretary of The John Burroughs Association at The American Museum of Natural History, 15 West 77 Street, New York, NY 10024-5192. Enclose a self-addressed, stamped (55 cents) envelope with your request.



❖ The Potomac Appalachian Trail Club announces the opening of their new online store, where you can purchase maps, guidebooks, and publications related to the Appalachian Trail and other trails in their region. Your orders can be submitted securely, since all orders are processed using a digital certificate and SSL encryption—the safest means to order online. If you've had trouble locating "hard to find" maps like

PATC Map 10 to Shenandoah National Park, look no farther. They're in stock. You can find the store at: <http://patc.net/store>. Buy from PATC, where all proceeds go directly towards maintaining our 240-miles of the AT, and 740 miles of other hiking trails in the region.

❖ The Appalachian Trail Conference Board of Managers voted to establish a memorial fund in memory of Ed Garvey, an icon in the annals of the AT, who died in the autumn of 1999. The fund's goal will be to purchase an appropriate tract of land to be conserved in Ed's name. His book, *Appalachian Hiker*, has inspired thousands to put on their backpacks and step into an AT adventure. Long an advocate for AT protection through public-ownership of the footpath and a surrounding buffer, Ed was also a three-time through-hiker.

## HEALTH HINTS FOR HIKERS

By Albert Rosen, M.D.

### The Lyme Disease Aftermath

A recent study in the *Journal of the American Medical Association* assessed the long term outcome of patients with Lyme disease. In the study, 212 patients were selected at random for follow-up interviews out of a pool of 678 who had been diagnosed with Lyme disease. The same number of age-matched patients with no history of Lyme disease were used as controls.

Eighty-five percent of the total pool had been treated with antibiotics. The patient interviews were done in a time frame of 15-135 months, with the median of 51 months.

Fatigue and difficulty with every day activities were reported by 69% of the patients and 19% attributed the symptoms to Lyme disease.

The study found that, "In this cohort, although many patients reported increases in symptoms and/or increased difficulty with typical daily activities between one and eleven years after diagnosis of Lyme disease, the frequencies of these reports were similar to the frequencies of such reports among age-matched controls without Lyme disease."

It seems that the real conclusion is that whether you've had Lyme disease or not, the only way to beat the rap is not to get old!

## What's New on the Trail Conference's Web Site



Our web site, <http://www.nynjtc.org>, is really an early warning system for late breaking trail community news, a sort of electronic *Trail Walker*. In fact, much news appears on the web first; for instance, Action Alerts—requests for members to get out pen and paper and write letters to advocate for more open space or hiking trail protection—appear frequently. Click on the Recent Changes link on the left (gray) menu and read the news items to find out what is new and important to the trail community. It is a rare day that something isn't changed or added, so visit often! Maybe even make it your browser's home page.

Html, anyone? We need volunteers to make our web site even more dynamic. Many sections can be assigned to a volunteer who could be fully responsible for its content. Webmaster Walt Daniels ([wdaniels@bestweb.net](mailto:wdaniels@bestweb.net)) will provide full training to anyone who already has basic word processing skills and internet access. To learn which areas of the site volunteers can help with, visit <http://www.nynjtc.org/committees/techweb/webpol.pdf>.

Post your views and news. One of the newer features of the site is a discus-

sion forum. To access it, click on the Viewpoint menu item near the top of any page. This is a great place to post trip reports of neat places to hike, individual sales of camping/hiking equipment, trail conditions, searches for hiking partners, comments on Trail Conference policies, or trail and land preservation-related environmental concerns, to name just a few topics.

**You buy, we benefit.** The Trail Conference earns money if you use the affiliate links provided in the Commercial Zone (link near the bottom of the home page) where you can save up to 10% from participating merchants. Affiliates include Barnes and Noble (our first!) and a new one, GreaterGood, a consolidator of affiliate links for many not-for-profits. Their links include over 100 major e-commerce sites for apparel, books, toys, flowers, sports equipment, computers/electronics, groceries, health items, travel, pets, and services. If you can buy it on the web, you can probably buy it through one of these links, with the added benefit that the Trail Conference gets a 5-15% rebate on your purchases.

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West Hudson Trails (1992)	\$6.95	\$5.25	+.95	_____
Catskill Trails (1998) & see combo	\$13.95	\$10.45	+\$1.10	_____
Kittatinny Maps (4 N&S) (1997)	\$12.95	\$9.75	+\$1.10	_____
Shawangunk Trails (1997) & see combo	\$8.95	\$6.75	+.95	_____
South Taconic Trails (1988, rev. 1998)	\$4.95	\$3.75	+.65	_____
North Jersey Trails (1998)	\$7.95	\$5.95	+.95	_____
Hudson Palisades (1991)	\$4.95	\$3.75	+.80	_____

### Books

Scenes & Walks in the Northern Shawangunks (1999) & see combo	\$10.95	\$8.75	+\$1.75	_____
<b>NEW - Hardcover!</b> Scenes & Walks in the Northern Shawangunks (1999)	\$17.95	\$14.50	+\$3.00	_____
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New Jersey Walk Book (1998)	\$15.95	\$12.75	+\$3.00	_____
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Harriman Trails Guide (1999) & see combo	\$16.95	\$13.55	+\$3.00	_____
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Nature Walks in New Jersey (1998)	\$12.95	\$10.35	+\$2.50	_____
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Best Hikes w/ Children in the Catskills & Hudson River Valley (1992)	\$14.95	\$11.95	+\$1.75	_____
Best Hikes w/ Children - New Jersey (1992)	\$12.95	\$10.35	+\$1.75	_____
A.T. Guide for NY & NJ (1998) w/ 6 maps	\$19.95	\$15.95	+\$2.50	_____
ADK Guide to Catskill Trails (1994, repr. 1998)	\$16.95	\$13.55	+\$2.50	_____

### Combo-Packs

Catskill (5 map set & book)	\$27.80	\$21.60	+\$2.50	_____
Harriman (2 map set & book)	\$22.65	\$17.55	+\$2.50	_____
NY & NJ Walk Books	\$32.35	\$25.85	+\$5.00	_____
Shawangunk Combo (4 map set & book) (1999)	\$17.90	\$13.95	+\$2.50	_____

### The Personal Touch

NY-NJTC T-Shirt Circle: L XL	\$13.93	na	+\$2.50	_____
75th Anniversary T-Shirt Circle: M L	\$15.00	na	+\$2.25	_____
Harriman Map Bandanna	\$6.95	\$5.95	+\$1.25	_____
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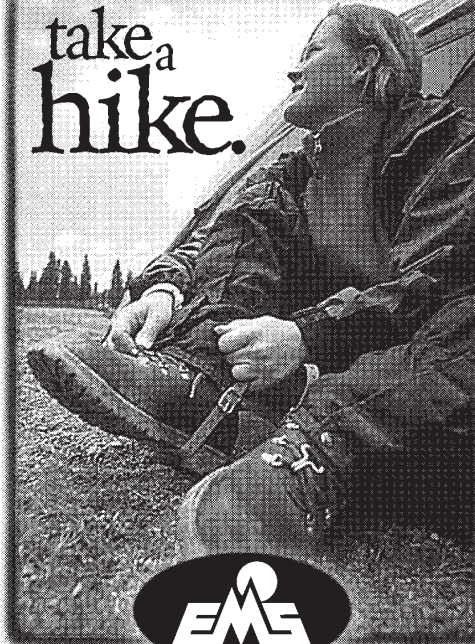
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## Our Work in New Jersey

continued from page 1

*Preventing the location along the New Jersey Highlands ridgeline of cell towers like this one is a major part of the job of our New Jersey Field Representative.*



about siting cell phone towers and meet with town and village officials to help prevent towers from being located along or within the viewshed of the trails."

John Gunzler, an active Board member and key donor to the *Action Plan*, envisioned, "The Trail Conference needs an office in New Jersey to maximize our effectiveness on behalf of the hiking trails and public land stewardship. This *Action Plan* is a beginning step towards just such a goal, and Larry Wheelock is setting a good foundation. The Board, and myself especially, are very pleased with our selection of Larry as the Conference's representative in New Jersey."

Trail Conference maintenance work in northwestern New Jersey is only about 10 years old. We need support and development of our volunteer infrastructure for

the region. As Larry explains, "We need another trail crew in New Jersey to complement the existing crew led by Sandy Parr. I'm working with Monica Resor and David Day (experienced West Hudson crew leaders "on loan") to develop volunteers and a chief for this new crew, which will tackle repairs and construction of heavily-used trails in demanding terrain." The Red Dot/Mount Tammany Trail repair project starting this month in Worthington State Forest (see March/April *Trail Walker*) is the beginning of our cultivation of a second New Jersey crew.

Finally, Larry is actively pursuing management planning with the New Jersey Department of Environmental Protection to open all existing trails in the

Fanny Highlands. The State Park Service secured easements for hiking trails around Split Rock Reservoir, in northern Morris County. Yet there is still no agreement from officials of Jersey City and the United Water Company, its watershed manager, on the siting of the Split Rock Loop Trail. Absent such permission, this trail cannot be opened. Larry is integrally involved with Park officials developing strategies to exercise the public's right to this land. Also, he and Brian Rogers, Conference Fanny Highlands Trails Supervisor, have been re-energizing volunteer efforts in Fanny. For example, volunteers with the Morris Trails Conservancy, led by Trail Conference member Duncan Douglas, are building and installing interpretive kiosks at various Fanny system trailheads.

## IN MEMORIAM

**Guy Waterman**, a world-renowned author of four books on wilderness ethics and the White Mountains (including *Forest and Crag: A History of Hiking, Trail Blazing, and Adventure*) which chronicled the growth of hiking in the Northeast, and the keynote speaker at the Trail Conference's 1991 annual meeting, purposefully died on his beloved Mt. Lafayette in February.

His life story is a celebration of the unbreakable bond between man and the mountains, and of a simple life. His tradition was to leave no mark of passage on a trail.

Years ago, Guy and his wife Laura, both climbing instructors, purchased land in eastern Vermont, where they worked hard to embody their creed of simple living. Their cabin had no electricity, telephone, or plumbing. They tended a large garden and maple-sugared. Waterman kept up with music on a piano friends had carried in piece by piece from the road.

An inveterate hiker and climber, Waterman had climbed all 48 of New Hampshire's 4,000-foot peaks—in the winter, off trail, and from all four sides. For 15 years, he and Laura, his partner in the books and climbs, maintained the Old Bridle Path on Mount Lafayette.

The 67-year old had been everything from a speech writer in Washington for future presidents Dwight Eisenhower, Richard Nixon, and Gerald Ford, to a jazz pianist and a corporate executive. Although he had lived in both Washington, D.C. and New York City, he described himself as "clearly a fish out of water" in those environments.

Neil Zimmerman, Trail Conference Board member, noted, "I met Guy several decades ago when he was an instructor at the AMC/ADK Winter School. We became friends, and he inspired me with his gentleness, his devotion to the wilderness and his outdoor skills. He was a fine person with a joy of life. A chronicler of northeast hiking, he will be missed as well as remembered for cons."

**GOT A MATCH?**

As hikers, we're sometimes looking for a match to light our campfire (in today's high tech society) the butane/propane stove.

We at the New York-New Jersey Trail Conference are also looking for matches to "stoke" our fires. We are looking for the corporate match—the corporate gift that matches your gift.

Since the last issue of the *Trail Walker* we have received matches from the following corporations:

**American Express, Bestfoods, Coolfire Interactive, Inc., Deutsche Bank, IBM, Mutual of America, The New York Times, The Pfizer Foundation, The Pioneer Group, Inc., Prudential Insurance, Reader's Digest, Tyco Submarine Systems Ltd.**

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Ask the company where you work if it will match your gift to the New York-New Jersey Trail Conference. Your company's matching gift can give us more "fuel" for future trail building and protection.



## TC/ADK Partnership achieves Long Path acquisition funds

*continued from page 1*

and to secure the levels of land acquisition funding that facilitate the purchase of these magnificent parcels. Our lobbyist, Neil Woodworth (who is also counsel to both organizations), and Legislative Associate Meg Carr deserve a hearty round of applause for these successes.

### Long Path North: Huntersfield Ridge

The Huntersfield Ridge project, to protect a permanent trail corridor, is one of 12 conservation, recreation and open space projects that will share nearly \$1.9 million from state-side Land and Water Conservation Funds (LWCF).

In selecting this Long Path acquisition project for funding, the Governor acknowledged the Path's statewide significance as a recreational resource, and the commitment of the State to acquire the Long Path corridor between Route 23 and the Schoharie Reservoir.

Although the 1998 *State Open Space Conservation Plan* lists the acquisition of parcels to extend and preserve the Long Path as one of 131 priority projects, there is intense competition statewide amongst all those projects for the limited funds available in any given year.

Congress, in September 1999, authorized \$40 million in state-side funding from the Land and Water Conservation Fund (LWCF)—for the first time since 1995. New York's share is approximately \$1.9 million. Getting Congress to authorize this funding is a direct result of a several years long nationwide lobbying effort. In April 1998, Governor Pataki created the Empire State Task Force for Land and Water Conservation Funding to educate the public about the value of this program and to support Congressional efforts to reestablish this funding. The Task Force is co-chaired by Bernadette Castro, Commissioner of the New York State Office of Parks, Recreation and Historic Preservation, and John P. Cahill, Commissioner of the Department of Environmental Conservation. Its members include former TC Executive Director Joann Dolan, current Executive Director Jan Hesbon, and TC/ADK Counsel Neil Woodworth.

### 5,000 Catskill acres to permit Long Path relocation

The State also agreed to acquire nearly 5,000 acres of exceptional forest river valley in the towns of Rocheste and Wawarsing to add to the Catskill Forest Preserve, land which permanently preserves the Long Path's corridor near the

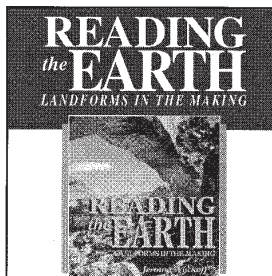
Vernooy Kill.

Located in Ulster County, this parcel, the former Lundy Estate, contains the Vernooy Kill itself, the only major undeveloped stream in the region and the largest undammed tributary of the Rondout Creek. The mostly forested and mountainous terrain will provide miles of new hiking trails for visitors. It also provides habitat for protected species, including several dens of timber rattlesnakes.

With the acquisition of this land, the Long Path, currently running along Cherrytown Road, can be rerouted along the Vernooy Kill. Executive Director Jan Hesbon said, "We are delighted with the Lundy purchase. This will enable us to relocate the celebrated Long Path hiking trail off of a highway and put it in a beautiful forest where it belongs."

The Open Space Institute (OSI) and the Trust For Public Land (TPL), two non-profit land conservation organizations that work together as a joint venture in New York State, announced the deal in March. By year's end, New York will purchase the 4,930 acres for approximately \$4 million using Environmental Protection Fund (EPF) and Clean Air/Clean Water Bond Act resources.

The property has been in hikers' sights since the 1980s, when a development proposal, known as Parc Europe, surfaced with plans for a European-themed amusement park; that project ultimately went bankrupt.



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A 470-acre parcel from the Estate, containing two houses, will be sold by OSI/TPL separately to a private buyer, subject to a stringent conservation easement restricting future development on the site.

As Neil Woodworth noted, "The Lundy Estate purchase enables New York permanently to protect part of the link between the magnificent Shawangunk Mountains and the Catskill Forest Preserve—also known as the Long Path—and to provide miles of outstanding recreational opportunity for outdoor enthusiasts and the general public."

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# HIKERS' ALMANAC

## continued from back page

### SATURDAY, JUNE 3

**UHC. National Trails Day at Watchung Reservation.** Call Trailside Nature & Science Center at 908-789-3670 to register prior to June 3. This is a day for all to participate in keeping trails in good condition. There will be multiple work sites as well as hikes. Your participation will improve our environment.

**OC. Hike to the Top of Bear Mountain.** Leader: Mike Puder, 718-743-0920. Meet: Grand Central Terminal information booth to take train to Manitou; fare \$15.50 round trip, \$10 seniors. Call leader during the week of the hike for meeting time (call any time, answering machine will provide information). 5 miles, moderate pace uphill. We will eat lunch and enjoy spectacular views at the top. Bring lunch and water.

**HHC. Merrill Creek.** Leader: Caryl Connolly, 908-284-2874. Meet: 9 am at Clinton commuter parking lot. Walk perimeter of Merrill Creek Reservoir atop Scott's Mountain; 6.5 mi. Scenic views, variety of habitats, some rocky areas. Wear hiking boots; bring water, energy snack.

### SUNDAY, JUNE 4

**LIGTC. Sarnoff Preserve Walk.** Leader: Charlie Khrs. Meet: 1 pm at kiosk in Suffolk C.C. East's parking field 1, Speonk-Riverhead Rd., just east of C.R. 51. 6-7 miles, moderate, hilly. Enjoy a well-designed section of the Paumanok Path, with panoramic views and a stop for lunch near Wildwood Lake. Bring lunch, liquid, repellent.

**LIGTC. Spectacular Wetlands Walk.** Leader: Kim, 345-5295. Meet: 9:30 am at NY 24 and Spiny Rd. (take NY 24 South from Riverhead or North from NY 27, exit 65). 8-10 miles, moderate, varied. Enjoy a broad sampling of goodies in the Flanders area: Maple Swamp, Owl Pond, Gosse Creek Point, an old sportsmen's club compound and more. Not for beginners; possible bushwhacking. Bring lunch and liquid.

**LIGTC. Hither Woods Ramble.** Leader: Rick Whalen. Meet: 9 am, coming from the west, go 3 miles past Hither Hills Overlook, make a left onto Second House Rd. and follow it for one mile; where road curves, continue straight onto Navy Rd.; cross over RR tracks, take next left and follow this road to its end. 3-4 miles, moderate, varied. Enjoy panoramic views from the Paumanok Path's coastal trail. Pass by the old Navy base around Redmond's Bend and Rocky Point, then loop around to the starting point using Old Rock Road.

**Catskill Center for Conservation and Development. East-ern Catskills Escarpment.** Meet: 9 am at parking area at corner of Greene Co. Rt. 18 and Schutt Rd., east of Haines Falls. Moderate hike to Mary's Glen Falls, Badman Cave and with North Point or Sunset Rock for spectacular Hudson Valley views; 4.5 to 5.5 miles. Bring lunch and water.

**WEC/WW. Black Mountain to Boston Mine.** Leader: Don Waise. For adults and teens. Strenuous 8 miles visiting the quiet northwest corner of Harriman; Black Mountain, Green Pond, Boston Mine, Surebridge Swamp and Tom Jones Mountain. \$4 for members, \$5 for non-members.

### MONDAY, JUNE 5

**RWV. Thomas Cole Mountain.** Meet: 8 am at Sawyer Savings Bank parking lot, 87 Market Street, Saugerties. Moderate-plus, 4.8 miles. Inclement weather date-following Monday. For more information call: 914-336-5664.

### WEDNESDAY, JUNE 7

**FVT. Ramapo Reservation, Darlington.** Leader: Call Frost Valley Trail Walkers, 973-299-0212. A waterfall, two lakes, one hill up and one hill down. Bring trail lunch.

### THURSDAY, JUNE 8

**UHC. Dater Mountain/Smith's Den Circular.** Leader: Peter Wolff, 973-239-0766. Meet: 10 am at Johnsonstown Rd., Harriman. From Rt. 17 north in Slootsburg, NY, take Seven Lakes Dr. to sign for Harriman State Park (just after passing under the Thruway). Turn left on Johnsonstown Rd. and follow it to the end (about 1.3 miles). Climb Dater Mountain on the Blue Disc Trail with great views after some serious rock climbing. We pass Elbow Brush and Claudius Smith's Den. Then the PD for 12:30 lunch on Black Ash Mountain and return on the White Bear or White Cross. About 8 miles; moderately strenuous. Steady rain cancels.

### WEEKDAY BETWEEN JUNE 4 AND JUNE 10

**OC. Greenwood Lake.** Leader: Brian J., 718-967-0855. Meet: Call one week prior for information (answering machine is always on; leader's days off change due to job). 12 miles, rough, rocky ridge hike with climbing, great views. Bring plenty of water with lunch, poncho, trail-worth shoes, bug spray. New hikers okay if you are in shape and willing to go the full day (out late). Fare approx. \$18.

### SATURDAY, JUNE 10

**OC. Upper Nyack to Congers.** Leader: Ray Krant, 718-435-4994. Meet: 9:45 am at George Washington Bridge Bus Station (A train to 175<sup>th</sup> St.); fare \$9.40, seniors \$4.70. 9 miles, easy hike starting from new trail underneath Hook Mountain and continuing along Hudson, around most of Rockland Lake and through the town of Congers. Beautiful scenery along Hudson River. Bring lunch and water.

**NHHC. High Rock Park in Staten Island.** Leader: Sal Varbero, 718-420-9569, 8-10 pm. Meet: 10:30 am at Staten Island Ferry

Terminal (Staten Island side); this means taking the 10:00 boat from Manhattan; fare: Metrocard two fares or \$3 in coin or tokens. About 5 miles, mostly level but there is some climbing ("C+" hike). We will explore High Rock Park Conservation Center in the middle of Staten Island for a pre-summer outing. Bring lunch and water.

**ADK-H. Schunemunk Mountain.** Meet: 9 am in McDonald's parking lot, Rt. 9 in Wappingers Falls. Those west of the river can call for an alternative meeting place. Leader: Russ Faller, 914-297-5126. About 8 miles, with an approximate 1200' ascent. Good views, interesting rock formations, waterfalls. Bring lunch and water.

**RWV. Balsam Lake Mt., from Dry Brook Road.** Meet: 8 am at Sawyer Savings Bank parking lot, 87 Market Street, Saugerties. Moderate 6 miles. Inclement weather date-following Saturday. For more information call: 914-246-4145.

### SUNDAY, JUNE 11

**IHC. Hudson Highlands.** Leader: Frank Bauer, 201-845-3066. Meet: 9 am at Route 90, just north of Bear Mountain Bridge on east side of Hudson. There are parking areas on both sides of the road. Moderately strenuous; views of the Hudson; includes the Osborne Loop trail.

**OC. Alpine to New York City.** Leader: George Glatz, 212-533-9457, call 7-8 am. Meet: 10:45 am at George Washington Bridge Bus Terminal upper level information area, fare \$3.65, seniors \$1.85. Easy hike of approx. 8 miles. Walk atop the Palisades along the Blue Trail, part of the Long Path. Bring lunch and water.

**NHHC. Minewaska State Park.** Leader: Bob Ward, 718-471-7036; Co-Leaders: Dorothy and Dan Dombroski, 609-585-6674. Meet: Phone one week in advance after 8 pm for details. We will enjoy our annual pilgrimage to this lovely park with its wildflowers, birds and beautiful scenery. About 8 mi. easy walking on carriage paths. Car trip.

**WEC/WW. Wildflowers, Wildlife, Waterfalls Interpretive Hike.** Leader: Lynn Groves, Kittatinny Valley State Park naturalist. For adults and teens; moderately paced 3 miles in Norvin Green. Focus on identification, natural history, and folklore of plant and wildlife species. Wyanokie High Point for lunch. \$4 for members, \$5 for non-members.

### MONDAY, JUNE 12

**RWV. Doubletop Mt. from Seager trailhead.** Meet: 7 am at Sawyer Savings Bank parking lot, 87 Market Street, Saugerties. Strenuous (bushwhack), 5.5 miles. Inclement weather date-following Monday. For more information call: 914-246-1823.

### TUESDAY, JUNE 13

**FVT. Jenny Jump State Forest.** Leader: Bill Barton, 908-647-6668. Meet: Jenny Jump State Forest parking area, Hope. Directions: Rt. 80 W. to exit 12. Left on Rt. 521 one mile to Hope. At the blinker turn left onto Rt. 519, one mile to right on Shiloh Rd. Go one mile to white house and turn right onto State Park Rd. (no sign). At large park sign bear right up the hill to the parking area. Not too long, but plenty of ups and downs.

### THURSDAY, JUNE 15

**UHC. Anthony's Nose.** Leaders: Charles & Anita Kientzler, 973-835-1061. Meet: 10 am at Bear Mountain Inn. Take Palisades Interstate Parkway to its end at the Bear Mt. Bridge Circle. Turn right on Rt. 9-W south a short distance to the entrance to the Inn on the right. Moderately strenuous hike on the Camp Smith Trail (on east side of Hudson); presents spectacular views of the Hudson Highlands, Bear Mt. Bridge and Iona Island. Shuttle to starting point if weather permits; otherwise will hike from the Inn. Steady rain cancels.

**ADK-J. Spring Ramble with Betty.** Leader: Betty, 201-967-2837, before 9 pm Wed. evening to register.

### SATURDAY, JUNE 17

**LIGTC. Full Moon Plus One.** Leader: Ken S., 631-654-2438. Meet: 9 pm at our Trails Info Center, just north of L.I.E. exit 70. Mileage to be announced, easy, flat. Day after-the-full-moon walk on an almost-summer evening. Bring water, flashlight and repellent.

**ADK-H. Table Rocks-Bonticou Crag.** Meet: 9 am at Spring Farm Parking Lot in Mohonk Preserve (\$7 fee for non-members.) Leader: Ben Shor, 914-236-4291. Great viewpoint, Table Rocks, then over to Bonticou Crag for another great view. For the adventurous, there is a rock scramble to the summit; for others, there is an easier trail to the top. Ruins and mountain laurel on this lovely 5-6 mile, 600 ft. ascent, moderate hike. Call leader for details.

**ADK-H. Long Path: Palenville to Batavia Kill.** Leader: Pete McGinnis, 914-454-4428. Features Kaaterskill Clove, North Lake and Blackhead Mountain; 14.6 strenuous miles.

**ADK-H. Shawangunks: Catskill Aqueduct to Duck Pond to Mohonk.** Leader: Dave Cohen, 914-681-8466 evenings. Meet: 10 am at New Paltz Post Office parking lot. Beautiful hike past the pond, through meadows to the lake; about 5-6 miles round trip, 500 ft. ascent.

## "Great Triangle" Project

The Interstate Hiking Club is beginning an ambitious project that will cover a "Great Triangle" through northern New Jersey, starting and finishing at Liberty State Park.

The first side of the triangle follows the proposed Liberty-Water Gap Trail west to the Delaware Water Gap, then turns northeast along the second side, following the Highlands Trail northeast to Storm King State Park on the Hudson River. The third side will be a southward journey along the Long Path, the proposed Batt to Bear Trail, and New Jersey's Hudson River Walkway.

### SUNDAY, MAY 14

**IHC. Great Triangle Project: Liberty-Water Gap Trail, Liberty State Park to Lincoln Park, Jersey City.** Leader: Mike Selender, 201-451-5411. Moderate, about 9 miles. Start at Liberty State Park with sweeping views of Lady Liberty, lower Manhattan, and New York Harbor; continue through the Bergen Hill historic district of Jersey City to Lincoln Park, over the Hackensack and Passaic rivers to Newark's Ironbound district, and finally Penn Station.

### SUNDAY, MAY 25

**IHC. Great Triangle Project: Liberty-Water Gap Trail, Penn Station, Newark to Brookdale Park, Bloomfield/Montclair.** Leader: Mike Selender, 201-451-5411. Moderate, about 8 miles. Start with a section of the Lenape Trail from downtown Newark, past the Ballantine House and Newark Museum, and through Branch Brook Park into Belleville Park. Then some street walking to Yanticaw Brook in Morristown.

**IHC. Hike Dunham, 973-638-0331.** Meet: 8:30 am at Suffern, NY, Municipal Parking Lot, next to RR tracks, junction of Rts. 202 & 59. Strenuous, but a hiker's paradise. The views from the cliffs are great, and the Mountain Laurel are a sea of white blossoms at this time of year. Finish with a grand view of Avonling Falls. Bring singles for ride share and parking fee. Plan to have supper at one of the restaurants in the area. Rain cancels.

### SUNDAY, JUNE 18

**IHC. Jockey Hollow, Morristown National Historical Park.** Leader: Phyllis Swan, 973-839-5600. Meet: 9 am at Jockey Hollow Visitors Center, Morristown, NJ. Easy: Discover history and explore some of the many hiking trails. Rain cancels. Admission fee (\$4) or Golden Eagle Pass required.

**ADK-H. Shawangunk Ridge: Cragmoor to Wurtsboro VFW.** Leader: Pete Howell, 914-255-1737. Very strenuous hike with many ups and downs. Begin with a short trip to Bear Hill to view our entire day's journey. Mountain laurel; spectacular views.

**GAHC. Schunemunk Mountain.** Leader: Mathias Wuehrich, 908-253-9042. Meet: 9:15 am at Red Apple Rest on Rt. 17 in Southfields.

**WEC/WW. Father's Day Family Nature Hike.** For families, from 1-3:30 pm. Treat dad to a guided moderate 3-mile nature hike to Wyanokie High Point, and an outdoor picnic. Bring lunch - we'll provide desserts. \$4 for members, \$5 for non-members. Dads FREE!

### MONDAY, JUNE 19

**RWV. Alander Mt. from Mt. Washington Park HQ.** Meet: 8 am at Sawyer Savings Bank parking lot, 87 Market Street, Saugerties. Moderate 6.5 miles. Inclement weather date-following Monday. For more information call: 914-246-5670.

### TUESDAY, JUNE 20

**FVT. Van Campen Glen.** Leader: Gus Fleck, 570-830-0802. Meet: 10:00 am at Millbrook Village. From Millbrook we'll hike up to Hamilton Ridge Road and then south to Van Campen Brook. Thence up a beautiful hemlock glen to a picturesque waterfall, up through Watergate and back. Bring lunch and swim suit.

### THURSDAY, JUNE 22

**UHC. Arden Circular.** Leader: Arnie Seymour-Jones, 201-768-3864. Meet: 10 am at Harriman Elk Pen. Take Rt. 17 north through Slootsburg, Tuxedo and Southfields. Several miles past the Red Apple Restaurant, turn right on Arden Valley Rd. at the Appalachian Trail crossing sign. Cross Thruway and turn right into parking area. Variety of trails and features such as mines, the Lemon Squeezer, Times Square. Moderately strenuous hike. Steady rain cancels.

**ADK-J. Spring Ramble with Betty.** Leader: Betty, 201-967-2937, before 9 pm Wed. evening to register. 5-6 miles.

### SATURDAY, JUNE 24

**NHHC. Appalachian Trail, West Mountain to Pawling.** Leader: Mike Puder, 718-743-0920. Meet: Call leader during week of hike for meeting time; call any time and answering machine will provide the information. Meet at Grand Central Terminal information booth to take Harlem Line train to Pawling, fare \$17.50 round trip. See "Hiker's Handbook" for more details.

**IHC. Appalachian Trail, RPH Cabin to NY Route 52.** Lead-

## CLUB CODES

**ADK-J Adirondack Mountain Club, North Jersey Chapter.** Contact: Rob Lehmann, 201-529-1154.

**ADK-H Adirondack Mountain Club, Mid-Hudson Chapter.** Contact: 914-471-5712.

**Catskill Center for Conservation and Development.** Contact: 914-586-2611.

**FVT Frost Valley Trail Walkers.** Contact: Cherryll Short, 973-299-0212. Mon, 3 mi.; Tues, 6.7 mi.; Wed, 5 mi.; Thurs, 7-10 mi.; Fri, ramble up to two mi.

**GAHC German-American Hiking Club.** Contact: Evelyn Hoyer, 718-457-8319.

**HHC Hunterdon Hiking Club.** Contact: Lud Bohler, 908-788-3941.

**IHC Interstate Hiking Club.** Contact: Brian Mazur, 973-478-5285; interstatehiking@mindspring.com. Schedule \$1. on request.

The activities listed are sponsored by member clubs of the NY-NJ Trail Conference. All hikers are welcome subject to club regulations and rules of the trail. You are responsible for your own safety. Wear hiking boots or strong, low-heeled shoes. Bring food, water, rain gear, first aid kit, and flashlight in a backpack. Leaders have the right and responsibility to refuse anyone whom they believe cannot complete the hike or are not adequately equipped. Easy, moderate, or strenuous hikes are relative terms; call leader if in doubt.

Many of our affiliate groups sponsor hikes not listed in the *Hikers' Almanac*. For a descriptive list of Conference clubs, send an SASE with your request to NY-NJ Trail Conference, 232 Madison Ave., Rm. 802, NY, NY 10016.

**LIGTC Long Island Greenbelt.** Contact: L.I. Greenbelt Trail Conference, 516-360-0753.

**MSC Miramar Ski Club.** Contact: Jay Schwarz, 212-673-7132.

**NHHC New York Hiking Club.** Contact: Halina Jensen, 212-568-6323, or Bob Ward, 718-471-7036 after 8 pm.

**NYR New York Ramblers.** Contact: Anna Marynowska, 718-384-2908. Hikes may be strenuous.

**OC Outdoors Club.** Contact: ALANHKAYE@AOL.COM; The Outdoors Club, PO Box 227, Lenox Hill Station, NYC 10021. Free schedule on request.

**RWV Rip Van Winkle.** Contact: Fred Backhaus, 914-246-5670.

**UHC Union County Hiking Club.** Contact: Herb Chertock, 908-464-8289.

**WEC/WW Weis Wyanokie Wanderers/NJ Audubon Society's Weis Ecology Center.** Contact: Wendy Rhoades, 973-835-2160, for hikes and program schedule.





# HIKERS' ALMANAC

## MAY

### TUESDAY, MAY 2

**FVT. Ramapo Mountain State Forest.** Leader: Ben Sterman, 201-797-0468. Meet: at 2<sup>nd</sup> parking lot. A tour of the lake, castle, and the Cannonball Trail, view from Matapan Rock.

### THURSDAY, MAY 4

**FVT. Pioneer Trail Circular.** Leader: Bob Messerschmidt, 908-832-6976. Meet: At Millbrook. Orchard Trail, Hamilton Ridge Road, and Pioneer Trails. A pleasant hike with a glimpse of the Delaware River and a walk on what is probably the original Old Mine Road.

**ADK-J. Spring Ramble with Betty.** Leader: Betty, 201-967-2937, before 9 pm on Wed. evening to register. 5-6 miles.

### SATURDAY, MAY 6

**ADK-H. Long Path: Denning Road to Woodland Valley.** Leader: Pete McGinnis, 914-454-4428, after 6 pm. Features ascents of Slide, Cornell, and Wittenburg Mountains. 11.5 strenuous miles.

**ADK-H. Hudson Valley.** Meet: 9 am at Kacey's Family Restaurant in Saugerties on Rte. 32 for car pool. Leaders: Stan & Jenny Roberts, 914-471-5712. From North Lake, along the escarpment with Hudson Valley views and a stop at Sunset Rock; return via Mary's Glen. Easy pace, 3-mile hike with a 600 ft. ascent. Bring lunch and drink. Shared parking fee. Rain cancels.

**NYR. Buck Trail.** Leader: Richard Barr, 212-877-2694. From Lake Sebago, follow 7-Hills Trail to the Buck Trail, then various other trails, including Pine Meadow, SBM, and TMI trails, back to the starting point.

### SUNDAY, MAY 7

**IHC. Timp Torne/RD Circular.** Leader: Pete Heckler, 201-261-4644. Meet: 9 am at Jones Point parking lot on Rt. 9W, Jones Point, NY. Strenuous: the Timp Torne Trail over the Timp summit down to Timp Pass where we'll pick up the RD re-route and re-ascend the Timp. Continue along the proposed re-route to the Spiral Railroad and Cable incline which will bring us back to the Timp Torne Trail and Route 9W. Rain cancels.

**NYHC. Blue Trail on Staten Island.** Leader: Mike Puder, 718-743-0920. Meet: Call leader during the week of the hike for details and meeting time and place. Call any time; answering machine will provide the information. Walk through one of the wildest places in New York City, completely in the woods, and stop at Moses Mountain for lunch.

**ADK-H. Overlook Mountain.** Meet: 9:30 am at The Red Caboose at the Thruway Circle, Kingston. Leader: Stephen Schifani, 914-883-7933, M-F 7:30-8:30 pm. Moderate 5-mile round trip; less than 1500 ft. ascent. Bring lunch and water.

### TUESDAY, MAY 9

**FVT. Wawayanda Circular.** Leaders: Jim & Theresa McKay, 973-538-0756. Meet: At Wawayanda Lake swimming area. We will hike about 7 miles from the swimming area to Wawayanda & Greenmines and back on the Iron Mtn. Trail and woods roads.

### WEDNESDAY, MAY 10

**LIGTC. Headwaters Hike.** Leader: Tom or Sherri, 631-567-9484. Meet: 8:30 am at Lakeland Co. Park (L.I.E. exit 58, south to Johnson Ave., left to park; or exit 59, south to Johnson, right to park). 7.1 miles, moderate, varied terrain. Journey over the Ronkonkoma Moraine between the headwaters of the Nissequogue and the Connetquot. Bring snack and liquid; rain cancels.

### THURSDAY, MAY 11

**FVT. Tammany & Sunfish Pond.** Leader: Joe Brownlee, 973-635-1171. Meet: 10 am at Delaware Water Gap AT parking lot; from Rt. 80 west, exit at the Delaware Water Gap rest area and go to the second lot on the right. Climb to Mt. Tammany overlook, then follow the ridge to the Turquoise Trail, across Sunfish Pond and back down Dunfield Creek Trail. Moderately strenuous. Steady rain cancels.

### SATURDAY, MAY 13

**OC. Palisades to Alpine.** Leader: Sal Varbero, 718-420-9569,

call 8-10 pm. Meet: 10 am at George Washington Bridge bus terminal (A train to 175<sup>th</sup> St.), fare about \$5. 8 miles, generally level, hike along Long Path, enjoy views of the Hudson from Jersey side. Bring lunch and water.

**NYHC. Osborne Loop.** Leader: Mike Puder, 718-743-0920. Meet: Grand Central Station information booth to take train to Manito, or if driving meet at Manito Station. We return from Garrison. Fare \$15.50 round trip, seniors \$10. Call leader during the week of the hike for meeting time. Call any time; answering machine will provide the information. About 8 miles at a moderate, steady pace ("B" hike) with some climbing. Bring lunch and water.

**NYHC. Palisades to Alpine.** Leader: Sal Varbero, 718-420-9569, call 8-10 pm. Meet: 10:00 am at George Washington Bridge bus terminal (A train to 175<sup>th</sup> St.), fare about \$4.50. About 8 miles, generally level with a few rocky spots ("B" hike). We will walk along the Long Path in the glory of mid-spring. Bring lunch and water.

**LIGTC. Sunken Meadow Family Walk.** Leader: Rob Meistrich, 212-640-4011, leave message; Co-Leader: Don Obers, 516-223-7548, call before 10 pm, or e-mail: mirador@juno.com. Meet: 11 am; call or e-mail for exact meeting location, directions, alternate date if raining. 4 miles, easy, varied terrain. Ideal for children 5-12. See exquisite views of LI Sound and estuary from atop a bluff, walk a varied trail with ups and downs, woods and sand. Bring water, food, and bathing suits if it's warm enough.

**ADK-H. Bowdoin Park.** Family hike, suitable for young children. Meet: 10 am at Bowdoin Park, located on Sheafe Road behind the Galleria in Wappingers Falls. Leader: Michelle VanHoesen, 914-691-7442, 6-9:30 pm. Interesting plants and trees and Hudson River vistas; tables for a picnic lunch and swings. Rain cancels.

### SUNDAY, MAY 14

**LIGTC. Fire Island Wilderness Trek.** Leader: Ken S., 631-654-2438. Meet: 10 am at west end of Smith Point parking lot (south end of Wm. Floyd Pkwy.). 10+ miles, strenuous, flat and sandy. Hike from Smith Point to the wooded camp area west of Bellport Beach and back. Bring lunch, water and repellent.

**UHC. Eagle Rock Ramble.** Leader: Gerald Kronacher, 973-992-5429. Meet: 10 am at parking lot near Highlow pavilion, entrance from Eagle Rock Ave., shortly east of Prospect Ave., in West Orange. Leisurely 4-5 miles; hoping to find wildflowers. Rain cancels.

**GAHC. Hubbard-Perkins Conservation Area.** Leader: Henry Loddigs, 718-899-1052. Meet: 10 am at northeast corner of junction of Rts. 301 and 9. Hikes near Fahnestock State Park.

### THURSDAY, MAY 18

**FVT. Schunemunk Mountain.** Leaders: Charlie & Anita Kientzler, 973-835-1060. Meet: Call leaders. Great views of the Gunks and Hudson Highlands; we might explore the megaliths. This is a strenuous hike because of the climbing. We will drive to the north trestle area at Schunemunk, Mountaintown, to start the hike.

**ADK-J. Spring Ramble with Betty.** Leader: Betty, 201-967-2938, before 9 pm on Wed. evening to register. 5-6 miles.

### SATURDAY, MAY 20

**ADK-H. John Burroughs Sanctuary.** Leader: Ben Shor, 914-236-4291. Visit John Burroughs' cabin, then walk about 3 mi. in the Sanctuary, passing a lovely pond and waterfall on Black Creek. After, we drive 5 minutes to the Black Creek Preserve to hike 2 1/2 more miles (optional), taking us to the Hudson's banks and looping back by a lovely gorge.

**ADK-H. Long Path: Woodland Valley to Lake Hill.** Meet: 8 am at Sweet Sue's in Phoenicia. Leader: Pete McGinnis, 914-454-4428 after 6 pm. Featuring Woodland and Esopus Creeks and Tremper Mountain. Difficult; more than 8 miles or more than 1500 ft. ascent.

### SUNDAY, MAY 21

**NYHC. Sunday at Bear Mountain.** Leader: Lester Lica, 718-386-6216. Meet: 8:30 am at Grand Central Station to take 8:54 Hudson Line train to Manito; fare \$15.50 round trip, \$10 seniors. About 8 miles with plenty of ups and downs ("A" hike). Bring lunch, water, binoculars, and bug spray. Joint hike with *The Palish Daily News*.

**LIGTC. Sunken Forest Special.** Leader: Nick, 631-586-3396, e-mail: nicholasserrano@hotmail.com. Meet: 9:30 am at Sayville Fire House, Main St. and Lincoln Ave. (Lakeland Ave. exit from NY 27 Sunrise Hwy., south two lights to Main St., left two blocks to fire house on left). 6-8 miles, moderate, flat, sandy. A great time of year to see Fire Island National Seashore; beach plums may be in bloom. Bring food and liquid. Limited to 25 hikers; ferry fee; we hike light rain or shine.

**WEC/WWV. Fanny Highlands.** Leader: Don Weise. From 9:30 to 3:30. For adults and teens. Strenuous 8 miles, discovering pristine wilderness, hawk watchers' paradise. \$4 for members, \$5 for non-members.

**IHC. Schunemunk.** Leader: Jim Hayes, 201-825-9506. Meet: 9 am at Red Apple Pest, Rt. 17, Southfields, NY; park in the back. Moderately strenuous, circular about 9 miles including High Knob and the "Megalith."

### THURSDAY, MAY 25

**FVT. Ringwood - Blue Lake Circular.** Leaders: Jim & Theresa McKay, 973-538-0756. Meet: Ringwood Manor parking lot. Directions: From exit 55 on Rt. 287 North, take Ringwood Ave. north 7.2 miles to Sloatsburg Rd. Follow Sloatsburg Rd. 2.5 miles to park entrance. About 9 miles to Blue Lake and return, via Peters and Hope miles.

### FRIDAY-MONDAY, MAY 26-29

**MSC. Memorial Day Hiking Weekend,** at our lodge in Waitsfield, VT. Call 212-978-9191 for information.

### SATURDAY - SUNDAY, MAY 27-28

**NYHC. Appalachian Trail Overnight.** Leader: Mike Puder, 718-743-0920. Meet: Call leader at least two weeks before trip for details. If you get answering machine, leave message for leader to return your call. Moderate pace with some hills ("B" hike). We hike to lean-to where we stay overnight, then return early Sunday morning from Harlem Valley Wingdale. Fare \$18.25 round trip, \$12.25 seniors. Day hikers are also welcome.

### SATURDAY, MAY 27

**OC. Syosset to South Huntington, LI.** Leader: Ray Krant, 718-455-4994. Meet: 9:20 am, Penn Station LIRR, lower level information booth. 13 miles, moderate to strenuous, hilly terrain, moderate pace. Hike through Stillwell Woods (Nassau Co.), connecting with Nassau Greenbelt Trail and Parkway Loop Trail, which eventually connects to the Walt Whitman Trail in West Hills County Park (Suffolk Co.). We pass through beautiful wooded areas. Bring lunch and water. Fare \$10.25, seniors \$7.75.

**NYHC. Leatherstocking Trail - Mamaroneck to Larchmont.** Leader: Sal Varbero, 718-420-9569, call 8-10 pm. Meet: 9:10 am at Grand Central Station to take the 9:40 New Haven Line to Mamaroneck; fare \$10 round trip, \$6.50 seniors. About 9 miles, all level ("C" + "hike"). Join us on this glorious hike in

high spring. This is a wonderful trail and is truly delightful to walk along. Bring lunch and water.

**LIGTC. Sunken Meadow Special.** Leader: Nancy; for info, call office at 631-360-0753. Meet: 9:30 am at kiosk near bridge, sw corner of field 3, Sunken Meadow State Park; parking fee. 3-4 miles, easy to moderate, hilly. Join Nancy for spectacular views on this wonderful section of the Long Island Greenbelt Trail, including a portion of the new Nissequogue River State Park. Okay for beginners if in good shape.

### SUNDAY, MAY 28

**IHC. Fanny Highlands.** Leader: Steve Rikon, 973-962-4149. Meet: 9 am at Burger King, Butler, NJ. Moderately strenuous: high above Splitrock Reservoir in Morris County, through Fanny State Park.

**OC. Presby Iris Gardens, Mills Reservation, Alonzo Bonsal Wildlife Preserve, Brookdale Park, N.J.** Leaders: Pat O'Malley, Judy Mahler, Helen Yee, 212-348-5344, call evenings before 10 pm. Meet: 10 am at Port Authority Bus Terminal (commuter statue) to take 10:30 bus to Montclair (F66 DeCamp Bus Lines), fare approx. \$10 round-trip. 6+ miles, moderate, steady pace on roads and trails, we will see 4000 varieties of irises. Bring lunch and water. Joint hike with UTC; service fee \$3 for non-members.

**ADK-H. Tremper Mountain.** Meet: 9:30 am at Mt. Tremper DEC trailhead. Leader: Vinny Cortina, 914-688-5362, 8-9 pm weekdays, anytime on weekends. To the Tremper Mountain fire tower. Enjoyable scenery and a very gentle (usually) grade. Round trip about 5-1/2 miles; total elevation gain about 1859 feet. Relaxed but steady pace. Registration cut-off date May 22.

**ADK-H. Kaaterskill High Peak.** Meet: 8 am at the Red Caboose off the traffic circle in Kingston. Leader: Chris Zaleski, 914-838-0022 (home) or 914-425-5800 (work), or czaleski@yahoo.com. Hike straight through from Rte. 23A to Platte Clove Road, tagging the peak once called Roundtop (while Roundtop was called High Peak). Or, we will start from and end at Platte Clove Road. Difficult; more than 8 miles or more than 1500 ft. ascent.

**NYR. Tuxedo to Sloatsburg.** Leader: Zhang Ying, 718-779-2004. Meet: 8 am at Port Authority Bus Terminal main lobby near Zoro's bakery. Walk from Tuxedo to Sloatsburg passing Lake Sebago and going over Catamount Mountain en route.

**GAHC. Torrey Mountain, Harriman.** Leader: Mathias Wuertnick, 908-253-9042. Meet: 9:45 am at Anthony Wayne parking lot near north end of Palisades Parkway.

**HHC. Kittatinny Valley Park.** Leader: Ron & Anita Krauth, 908-534-2894. Meet: 9:30 am at King's parking lot in Whitehouse Station. Scenic and leisurely 3-4 mile walk, on old roads, around lake and farm fields. Bring lunch, water and wear hiking boots.

## JUNE

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